



***Certificate in Counselling Skills (CSK-L2)***  
***A person-centred approach to listening and helping***

**Awarding Body:** Counselling & Psychotherapy Central Awarding Body (CPCAB)

**Location:** Marriott's School Telford Avenue, Stevenage, Herts. SG2 0AN

**Duration:** 25 weeks + 3 Saturdays + External Assessment  
(90 guided learning hours)

**Courses dates for 2021/2022:**

**Tuesdays 18.00 – 21.20:**

**Autumn Term**

5th October 2021 – 14th December 2021.  
(Half term: 25th October – 29th October)

**Spring Term**

11th January 2022 – 1st April 2022.  
(Half term: 14th February – 18th February)

**Summer Term**

19th April 2022 – 7th or 14th June 2022.

Plus 3 Saturdays (10am – 4pm):

6th November 2021 (L2 only)

26th February 2022 (Whole Academy Workshop)

23rd April 2022 (Whole Academy Workshop)

**FEES:**

Deposit (CPCAB registration + Course Deposit)

**£171 + £130**

Course fee:

**£1170 - £130 deposit = £1040 (payable in full or in 8 monthly instalments of £130)**

**Total: £1341**

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**[www.collaborativecounselling.academy](http://www.collaborativecounselling.academy)**

**[info@collaborativecounselling.academy](mailto:info@collaborativecounselling.academy)**

### **Qualification objective**

This unit/qualification is intended for candidates who:

- want to become competent in the use of counselling skills to help others – either in a voluntary or an employed situation;
- want to take the first step in training to be a counsellor – this course won't teach them to be a counsellor but will prepare them for the next level of practitioner training

### **Learning Outcomes:**

- Use counselling skills ethically and safely
- Establish and sustain the boundaries of the helping role
- Work empathically as a helper
- Focus on the helpee's needs and concerns
- Use self- awareness in helping work
- Use a range of counselling skills to facilitate the helping interaction
- Use feedback and reflection to enhance counselling skills
- Complete 6 hours of personal therapy with a qualified or trainee person- centred Counsellor

**Your course requires you to submit a Tutor-assessed candidate portfolio which will include:**

- **Reflective Learning Journal each week:**
- **Self -Review x 2**
- **Assignment x 2**
- **Feedback from Tutors and Peers**

You must include the regular, timely exploration of your learning which contains your reflections on the input, discussions, experiences and readings for the course and which you start right from the beginning of the course and continue throughout to record your process.

You must refer to at least two examples of being observed by your tutor and one of these must be via audio or video recording. You might also include tutor feedback on case presentations and group discussions (including contributions to seminars and group-work).

You must include records of peer feedback on your skills practice sessions. You might also include tutorial records, plus peer feedback on case presentations and group discussions (including contributions to seminars and group-work).

You also need to complete your Candidate Learning Record.

External Assessment: Date TBC External Assessment Re-sit fee: £99

### **Entry requirements:**

Minimum age 18 years

No previous training or experience required.

Please note that this unit/qualification is *not suitable* for those who are currently in a state of severe emotional difficulty and/or severe psychological confusion. The course involves experiential elements which will involve some personal disclosure and associated personal developmental activities.

### **Progression:**

Candidates can progress to CPCAB's Level 3 Certificate in Counselling Studies (CST L3) or Level 3 Certificate in Life Coaching Studies (LCS-L3).

The unit credit can also be used towards other relevant qualifications on the QCF.

### **Status of Qualification:**

CSK-L2 is regulated by the Office of the Qualifications & Examinations Regulator (Ofqual) and is on the Qualifications and Credit Framework (QCF)

Qualification/learning aim number: 500/7938/4 Sector endorsement: Skills for Health

Sector subject area: 1.3 Health and Social Care

**Credit value: 17**

**Please complete an application form and return to: [info@collaborativecounselling.academy](mailto:info@collaborativecounselling.academy)**

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