



## ***Certificate in Counselling Studies (CST-L3) Preparing for Humanistic Counselling Practitioner Training***

**Awarding Body:** Counselling & Psychotherapy Central Awarding Body CPCAB

**Location:** Marriott's School, Telford Avenue, Stevenage, Herts. SG2 0AN

**Duration:** 25 weeks + 3 Saturdays + External Assessment  
(90 guided learning hours)

### **Courses dates for 2021/22:**

#### **Tuesdays 18.00 – 21.30:**

##### Autumn Term

5th October 2021 – 21st December 2021.  
(Half term: 25th October – 29th October)

##### Spring Term

11th January 2022 – 29th March 2022.  
(Half term: 14th February – 18th February)

##### Summer Term

19th April – 24th May 2022

Plus 3 Saturdays (10am – 4pm):

6th November 2021 (L3 only)

26th February 2022 (Whole Academy Workshop)

23rd April 2022 (Whole Academy Workshop)

### **FEES:**

Deposit (CPCAB registration + Course Deposit)

**£171 + £130**

Course fee:

**£1170 - £130 deposit = £1040 (payable in full or in 8 monthly instalments of £130)**

**Total: £1341**

**CPCAB Level 3 Certificate in Counselling Studies  
(CST-L3)**

**[www.collaborativecounselling.academy](http://www.collaborativecounselling.academy)**

### **Qualification objective:**

This unit/qualification is intended for candidates who want to:

- take the next step in training to become a counsellor (having already acquired counselling skills);
- learn more about counselling theory and agency work.

### **Learning Outcomes:**

- Prepare to work within an ethical framework for counselling
- Understand the counselling relationship
- Understand difference and diversity issues to develop empathic understanding
- Work within a user-centred approach to counselling
- Use counselling theory to develop self-awareness in counselling practice
- Understand theories of counselling and mental health
- Use feedback, reflection and supervision to support counselling studies
- **Complete 6 hours of personal therapy with a qualified person-centred Counsellor**

### **Assessments and written work:**

2 written assignments (one on importance of research findings)

1 activity task

1 self-review

Learning reviews (throughout programme)

Assessed case presentations

Assessed workplace simulations

1 tutor-observed counselling practice session

10 hours simulated group training supervision

Seminars and workshops

Tutorial

Assessed simulated counselling practice

Additional assessment: Externally assessed written paper after watching a CPCAB DVD under exam conditions. External Assessment Date: 26<sup>th</sup> April 2022 (External Assessment Re-sit fee: £99)

### **Entry requirements:**

Minimum age 19 years

Candidates are required to have undertaken counselling skills training – e.g. CPCAB's Level 2 Certificate in Counselling Skills (CSK L2) or equivalent units/qualifications of at least 75 GLH.

Please note that this unit/qualification is not *suitable* for those who are currently in a state of severe emotional difficulty and/or severe psychological confusion. The course involves experiential elements which will involve some personal disclosure and associated personal developmental activities.

### **Progression:**

Candidates with both CPCAB's Level 2 Certificate in Counselling Skills (CSK L2) and CPCAB's Level 3 Certificate in Counselling Studies (CST L3), or their RPL (prior learning) equivalent may apply to progress to CPCAB's Level 4 Diploma in Therapeutic Counselling (TC-L4)

Tutors can allow progression to the first year of TC L4 for candidates who have not yet completed their assessment for CST L3. However, such candidates must successfully complete the qualification prior to entry into the 2nd year of TC L4.

The unit credit can also be used towards other relevant qualifications on the QCF.

### **Status of Qualification:**

CST-L3 is regulated by the Office of the Qualifications & Examinations Regulator (Ofqual) and is on the Qualifications and Credit Framework (QCF)

Qualification/learning aim number: 600/5104/8

Sector endorsement: Skills for Health

Sector subject area: 1.3 Health and Social Care

**Credit value: 20**

Please complete an application form and return to: [info@collaborativecounselling.academy](mailto:info@collaborativecounselling.academy)

## **CPCAB Level 3 Certificate in Counselling Studies (CST-L3)**

[www.collaborativecounselling.academy](http://www.collaborativecounselling.academy)