



Diploma in Therapeutic Counselling (TC-L4)

Person-Centred Practitioner Training

Awarding Body:

Counselling & Psychotherapy Central Awarding Body CPCAB

Location:

Marriotts School. Telford Avenue, Stevenage, Herts. SG2 8UT

Duration:

33 weeks + 10 Saturdays + External Assessment

219 guided learning hours per year. 438 hours total 2 years

Courses dates 2020/21:

Mondays 16:30 – 21:30

5th October 2020 – 14th December 2020.

Half term 26th October 2020

4th January 2021 – 22nd March 2021.

Half term 15th February 2021

12th April 2021 – 12th July 2021.

Half term 31st May 2021

Saturday dates: To Be Confirmed

External Assessment (Year 2 only)

Recordings: To be confirmed

Review Paper: To be confirmed

Fees:

Deposit (CPCAB registration + 1 months deposit) **£339 + £234**

Plus Course fee **£2574** (payable in full or by 11 monthly instalments £234 - BACS)

External Assessment in year 2 Re-sit fee £327

Total £2913

The CPCAB registration fee and course fee is per year, payable at the start of each year

Qualification objective:

This qualification is intended for candidates who want to train to become a counsellor working in a counselling service agency. Successful completion of this course means that the trainees will be able to provide a therapeutic counselling service within the context of an agency's service framework.

Learning Outcomes:

- Working ethically, safely and professionally as a counsellor
- Working within a counselling relationship
- Working with client diversity in counselling work
- Working within a user-centred approach to counselling
- Working with self-awareness in the counselling process
- Working within a coherent framework of counselling theory and skills
- Working self-reflectively as a counsellor
- Tutor assessment of candidate portfolio evidencing minimum assessment requirements.
- Externally assessed audio recording of counselling session with a peer, plus an associated written paper taken under exam conditions in year 2.

Additional requirements:

Personal counselling or therapy (for trainee):

Minimum of 10 hours face to face personal therapy per year of the course with a suitably qualified person-centred Counsellor

Work-place experience (for trainee):

A minimum of 100 hours formally-contracted counselling (one-to-one) with at least 5 different clients in an agency setting.

Note: At least 80% of this must be with adults unless additional client specific training is undertaken. Cancellations and non-attends do not count towards this total.

Supervision requirements:

Candidates require clinical supervision for their agency client work. Clinical supervision should meet BACP supervision guidelines for trainees – currently a minimum of 1½ hours individual supervision per month (or the equivalent if in group supervision) or 1 hour of supervision for every 8 hours of client work.

Entry requirements:

19 years.

Candidates must have acquired both CPCAB's Level 2 Certificate in Counselling Skills (CSK L2) and CPCAB's Level 3 Certificate in Counselling Studies (CST L3), or their RPL (prior learning) equivalent.

Tutors can allow progression onto the first year of TC L4 to candidates who have not yet completed their assessment for CST L3. However, such candidates must successfully complete the assessment prior to entry into the 2nd year of TC L4.

Entry is subject to an interview and satisfactory references one of which should be from your most recent tutor for previous counselling training.

Suggested Reading:

A full list of essential and recommended reading is provided

Progression:

Successful candidates may progress onto CPCAB's:

- Level 5 Diploma in Psychotherapeutic Counselling (PC L5)
- Level 5 Diploma in Cognitive Behavioural Therapeutic Skills & Theory (CBT L5)
- Level 6 Certificate in Therapeutic Counselling Supervision (TCSU L6)
- Open University Foundation Degree in Counselling

Status of Qualification:

TC-L4 is regulated by the Office of the Qualifications & Examinations Regulator (Ofqual) and is on the Qualifications and Credit Framework (QCF)

Qualification/learning aim number: 500/8088/X Sector endorsement: Skills for Health

Sector subject area: 1.3 Health and Social Care

Credit value: 120

