

Diploma in Therapeutic Counselling (TC-L4) Person-Centred Practitioner Training

Mondays 4:30pm - 9:30pm

Location: Marriott's School. Telford Avenue, Stevenage, Herts. SG2 0AN

This course is for those who wish to undertake counselling practitioner training.

You will take part in a clinical placement at a suitable agency

Course requirements:

You need to have completed a Level 2 in Counselling Skills course & Level 3 in Counselling Studies course or equivalent.

This is a classroom-based course with some online lessons. You are required to gain skills in online and telephone work as well as face to face.

Access to a computer and printer would be helpful.

A willingness to learn and passion and commitment to increasing awareness of self and others.

5 hours a week on top of class time for studying/assignments plus placement work.

Duration: 32 weeks + 9 Saturdays 422 guided learning hours over 2 years.

Course dates for 2025/26

Autumn Term

6 October 2025 – 15 December 2025. (Half term: 27 October – 31 October)

Spring Term

12 January 2026 – 23 March 2026. (Half term: 17 February – 21 February)

Summer Term

13 April 2026 – 30 June 2026 (Half term: 25 May – 29 May)

Saturday dates (10am - 4pm)

18 October 2025 15 November 2025 06 December 2025 17 January 2026 14 February 2026 21 March 2026 18 April 2026 16 May 2026 27 June 2026

> **Fees Per Year** £3116

Fee breakdown CCA Course Fee £2750 CPCAB registration £366 Subject to change by CPCAB

Deposit: Per Year £716 (TBC) £366 (TBC) CPCAB registration + £350 CCA Deposit (£716 (TBC) deposit)

After paying the deposit a course fee balance of £2400 is due Payable in full or by 10 monthly instalments of £240 – by Electronic Transfer)

Qualification Objective:

This qualification is intended for candidates who want to train to become a counsellor working in a counselling service agency. Successful completion of this course means that the trainees will be able to provide a therapeutic counselling service within the context of an agency's service framework

Learning Outcomes:

- Working ethically, safely and professionally as
 Working within a counselling relationship a counsellor
- Working with client diversity in counselling work
- Working within a user-centred approach to counselling
- Working with self-awareness in the counselling process
- Working within a coherent framework of counselling theory and skills
- ➤ Working self-reflectively as a counsellor

Assessment:

Tutor assessment of candidate portfolio evidencing minimum assessment requirements.

Additional requirements:

Personal counselling or therapy (for trainee):

Minimum of 10 hours face to face personal therapy per year of the course with a suitably qualified person-centred Counsellor

Work-place experience (for trainee):

A minimum of 100 hours *formally-contracted* counselling (one-to-one) with at least 5 different clients in an agency setting. Note: At least 80% of this must be with adults unless additional client specific training is undertaken. Cancellations and non-attends do not count towards this total.

<u>N.B.</u> A work experience placement is essential from the start of Year 2 as both the internal and external assessments are based on the candidate's experience of working with clients in an agency.

Supervision requirements:

Candidates require clinical supervision for their agency client work.

Clinical supervision should meet BACP supervision guidelines for trainees – currently a minimum of 1.5 hours individual supervision per month (or the equivalent if in group supervision) or 1 hour of supervision for every 8 hours of client work.

Entry requirements:

19 years.

Candidates must have acquired both CPCAB's Level 2 Certificate in Counselling Skills (CSK L2) and CPCAB's Level 3 Certificate in Counselling Studies (CST L3), or their RPL (prior learning) equivalent Tutors can allow progression onto the first year of TC L4 to candidates who have not yet completed their assessment for CST L3. However, such candidates must successfully complete the assessment prior to entry into the 2nd year of TC L4.

Entry is subject to an interview and satisfactory references one of which should be from your most recent tutor for previous counselling training.

Suggested Reading:

A full list of essential and recommended reading is provided upon receipt of deposit in full.

Progression:

Successful candidates may progress onto CPCAB's:

- ➤ Level 5 Diploma in Psychotherapeutic Counselling (PC L5)
- ➤ Level 5 Diploma in Cognitive Behavioural Therapeutic Skills & Theory (CBT L5)
- ➤ Level 6 Certificate in Therapeutic Counselling Supervision (TCSU L6)
- > Open University Foundation Degree in Counselling

Status of Qualification:

TC-L4 is regulated by the Office of the Qualifications & Examinations Regulator (Ofqual) and is on the Qualifications and Credit Framework (QCF)

Qualification/learning aim number: 500/8088/X Sector endorsement: Skills for Health Sector subject area: 1.3 Health and Social Care

Awarding Body:

Counselling & Psychotherapy Central Awarding Body CPCAB

Credit value: 120

Please complete an application form and return to: info@collaborativecounselling.academy