



L5 Diploma in Psychotherapeutic Counselling

Person-Centred Practitioner Training

Tuesdays 5.00pm – 9.30pm

- **Location:** Woolmer Green Village Hall (Hall Lane, SG3 6XA)
- It runs for 23 weeks on Tuesdays 5.00pm – 9.30pm (6 January to 6 Jul) with 4 Saturdays
 - 120 Guided Learning Hours
 - Credit Value 46
- Cost £2235 which includes the CPCAB registration fee of £385 (interest free monthly payments)
- You can begin the L5 while you are still accruing hours for L4 if you have been assessed as internally proficient (all work submitted and completed). However, placement hours for L4 cannot be double counted for L5 which requires an additional 60 client hours – you have one year post completion to get these hours.
- Topics for L5 include in-depth guidance for setting up and running in private practice, working with ethical dilemmas, creative techniques in counselling, working with trauma and shame, theories of diversity and cultural competencies, working with embodied presence and self-disclosure (and many more!)

It follows the familiar CPCAB format and focus is directed both towards your ongoing development of skills as a practitioner and a growing use of self

You will take part in a clinical placement at a suitable agency

Entry requirements:

You need to have completed CPCAB Level 4 Diploma in Therapeutic Counselling (TC-L4) or the Recognised Prior Learning (RPL) equivalent (minimum 420 Guided Learning Hours), in addition to appropriate pre-TC-L4 (or equivalent) training

This is a classroom-based course with some online lessons.

Access to a computer and printer is required.

A willingness to learn and passion and commitment to increasing awareness of self and others.

5 hours a week on top of class time for studying/assignments plus placement work.

Entry is subject to an interview and satisfactory references one of which should be from your most recent tutor for previous counselling training.

Duration: 23 weeks + 4 Saturdays

127 Guided Learning Hours

Course dates for 2026

Spring Term

6 January 2026 – 23 March 2026.

(Half term: 17 February – 21 February)

Summer Term

14 April 2026 – 6 July xds 2026

(Half term: 25 May – 29 May)

Saturday dates (10am – 4pm) To be confirmed

28 February

28 March

25 April

23 May

Fees

Course fees - £1850 + £385 CPCAB Registration

Deposit of £385 (CPCAB Reg fee) + £350 = £735

**Remainder of fees = £1500 payable over 6 months at £250 per calendar month
from January to June 2026**

Qualification Objective:

This qualification will enable successful candidates to work as counsellors in a range of job and career opportunities which include but are not limited to:

An autonomous counsellor in private practice or agency settings

Work as a senior counsellor within a counselling agency

The graduate may choose to diversify into the area of teaching counselling within a FE or HE context providing they hold suitable teaching experience or qualifications.

Learning Outcomes:

- Work ethically, safely and legally as an independent counsellor
- Use theory and research to work with client diversity in independent practice
- Use theory, research and skills within a coherent framework for independent counselling practice
- Work with complex aspects of the counselling relationship
- Work with self-awareness as an independent practitioner
- Monitor and maintain professional effectiveness as a counsellor in independent practice

Assessment:

Proficient (Pass)/Not Proficient.(Fail)

Candidates must be Proficient in internal assessment and meet all the qualification requirements including all placement hours to achieve the qualification.

Additional requirements:

Personal counselling: a minimum of 40 hours of personal counselling by the end of the course. This can include hours undertaken prior to the start of the course but at least 10 hours of personal therapy must be undertaken during the training year itself.

Client work: A minimum of 60 hours formally contracted counselling (one to one) including client assessment.

Clinical Supervision: Either group or one-to-one supervision – as per the supervision ratio requirements of their chosen ethical framework or professional membership association, currently a minimum of 1.5 hours per calendar month or the equivalent if in group supervision.

Suggested Reading:

A full list of essential and recommended reading is provided upon receipt of deposit in full.

Progression:

Successful candidates may progress onto CPCAB's:

- Level 6 Certificate in Therapeutic Counselling Supervision (TCSU L6)
- Open University Foundation Degree in Counselling

Status of Qualification:

PC-L5 is regulated by the Office of the Qualifications & Examinations Regulator (Ofqual) and is on the Qualifications and Credit Framework (QCF)

Qualification/learning aim number: 500/8386/7 Sector subject area: 1.3 Health and Social Care

Awarding Body:

Counselling & Psychotherapy Central Awarding Body CPCAB

Credit value: 46

Please complete an application form and return to: info@collaborativecounselling.academy